



Eastwood at the heart of the community; with community at heart

Policy : Nappy Changing & Intimate Care

Date Adopted:

Spring term 2018

Policy Category:

Other

To be Revised :

Spring Term 2020

Definition:

This policy concerns our approach to changing children, dealing with their personal needs- for example helping them to get clean after they have soiled themselves and in particular changing nappies or dealing with intimate procedures of care such as applying ointment.

Rationale:

We wish to ensure that children can expect a high standard of care and vigilance at those times of their day when they need to be changed or supported with intimate care. We want to ensure that staff feel supported to achieve those standards and that parents are confident in our approach. We want to ensure that children experience positive touch and have their safety and wellbeing protected.

Aims:

- *Always acting in children's best interests to keep them safe and well*
- *Supporting children to become autonomous, decision-making learners*
- *Fostering resilient, confident and enthusiastic children and families*
- *Recognising that achievement and wellbeing go hand in hand*
- *Placing the family at the centre of all that we do*
- *Ensuring children make good rates of progress and reach their potential*

Our approaches to supporting children, changing them, providing intimate care and where appropriate intimate care are underpinned by these aims.

Objectives:

To ensure a high standard of practice so that children's experiences are positive and

so that they develop resilience and an age-appropriate understanding of their rights- especially around contact with and exposure of private areas.

Procedures and Practices:

- Wherever possible and practical, a contracted and long term member of staffs should change a child or deal with intimate care. Support should be prompt and timely- children must not be left feeling uncomfortable.
- Practitioners must observe health and safety- where disposable gloves and dispose of soiled nappies using the appropriate yellow bags and bins. Changing areas must be kept clean and attractive.
- Depending on age and needs, nappy changing may be scheduled. As far as possible the changing should strike a balance between ensuring a child has dignity and is comfortable and healthy and avoiding interruption to play and learning. Practitioners should explain what is going to happen so children feel in control.
- Medical intimate care procedures should be undertaken by qualified first aiders
- In dealing with nappy changing and intimate care we should uphold our safeguarding and child protection policy by seeking their consent- describing what we are going to do and checking that the child is ok. For example 'Can we change your nappy now?'; 'We need to take your nappy off now- is that ok?'. This helps to teach children that intimate contact requires their consent though of course the practitioner needs to ensure that the child is cared for and must be changed
- Suitable records must be kept and reported to the parent at the end of day- so they know that changes have occurred whether scheduled or otherwise and if there were any concerns.
- Whilst we should not be 'examining' children, staff should observe due diligence and note if they see any rashes or evidence of injuries which need to be addressed. The appropriate record keeping must be followed especially if there is cause for concern.
- Staff are reminded of safeguarding procedures- concerns whether observed or heard must be drawn to the attention of a line manager and from there a designated safeguarding manager.
- Children may like to talk during care and changing. Practitioners should try to foster conversations that are warm and supportive. If needs be children should be given reassurance.
- There are limited wash down facilities if a child needs to be washed. Please use disposable cloths or wipes, dispose of waste in yellow bins and protect the child's dignity as far as possible.
- Staff should aim not to change a child or provide intimate care behind closed doors. They should ensure their colleagues know that they are changing a child.
- Our simple dress code is designed to help children become increasingly independent with dealing with their personal needs. Children should have the opportunity to change and clean themselves after a toilet accident but should still experience warm support and reassurance and practical help where needed.
- Where intimate care provided is in the context of providing first aid then this must be recorded in line with existing procedures and parents provided with a copy of the appropriate form

Links to Other Documents:

Safeguarding and child protection Policy 2017/18
Children with medical conditions policy
Procedure for medicines
Behaviour and Positive Touch Policy

Written By: Headteacher and Day Nursery Manager

Headteacher's Signature:

Chair of Governors:

Date:

